

# ANNUAL 2016 REPORT

 Chevy Chase  
At Home

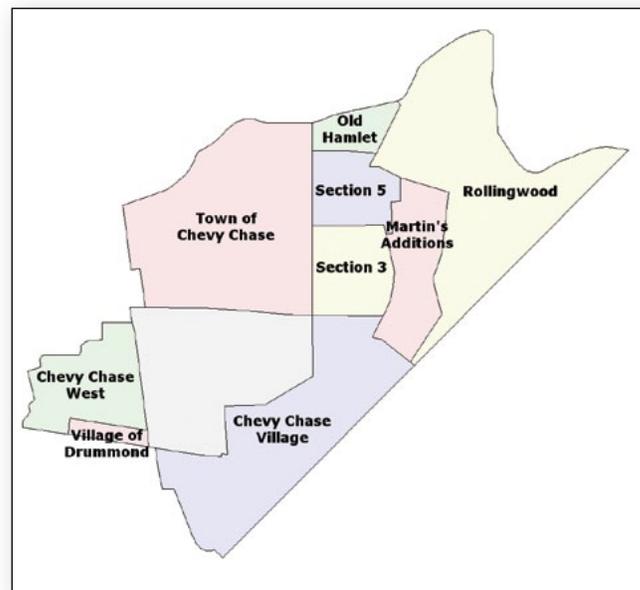


# About Chevy Chase At Home

**Chevy Chase At Home (CC@ H)** is a non-profit organization for residents of nine Chevy Chase neighborhoods who wish to remain in their homes and stay connected to their community as they age. Part of a nationwide Village Movement, CC@ H assists those who join to live independent, active lives in their own familiar surroundings.

Older adults in our designated neighborhoods (see map below) who may need volunteer services, as well as educational and social programs, are encouraged to join CC@ H as **Members**. Neighbors of all ages are welcome to join as **Associates**. Associates have access to all the same programs that our Members do. Associates bring vital intergenerational connections to CC@ H.

CC@ H also welcomes nearby neighbors who live outside our borders to join as **Friends of Chevy Chase At Home**.



Chevy Chase At Home Neighborhoods

CHEVY CHASE AT HOME, INC

P.O. Box 15102, Chevy Chase, MD 20825 • 301-657-3115

[www.chevyCHASEATHOME.ORG](http://www.chevyCHASEATHOME.ORG) • [info@chevyCHASEATHOME.ORG](mailto:info@chevyCHASEATHOME.ORG)

Chevy Chase At Home is registered in the State of Maryland as a charitable organization. A copy of the current financial statement is available by writing or calling our office. Documents and solicitations submitted under the Maryland Solicitations Act are also available, for the cost of postage and copies, from the Maryland Secretary of State, State House, Annapolis MD 21401, 410-974-5534.

## *From the President and the Executive Director*

Dear Friends,

We are pleased to present our annual report, marking our seventh year of providing services, activities and programs to the older adult community within Chevy Chase, Maryland.

In 2016, we not only accomplished our goals of providing services to our members, we were able to respond to broader community needs. Chevy Chase At Home extended our footprint to include two new neighborhoods (Chevy Chase West and the Village of Drummond). In partnership with Montgomery County Fire and Rescue Service, we expanded our Safety Program to reach both members and non-members. We welcomed volunteer leaders from other neighborhoods to participate as observers in our volunteer training programs. CC@ H staff and volunteers participated on the steering committee and as panelists at the *2016 Montgomery County Village Gathering*. We sponsored a major community-wide program which featured author, Geraldine Brooks, and NPR radio host, Guy Raz, “in conversation.” We heard political analyst, Charlie Cook’s ideas about the outcome of the 2016 election, as well as many other activities. We have an on-going relationship with the Bethesda Chevy Chase High School internship program and local scouting troops.

Chevy Chase At Home is proud to serve our community and to be a leader in the local aging in place Village Movement. However, it is the daily service to our members, through a dedicated group of volunteers, and the vibrant friendships that have formed within our groups, that ensure we continue to thrive. We are grateful to our Members, Associates and Friends of CC@ H, as well as to volunteers, scouts, government leaders and supporters who keep us going and growing.

**Nathan Billig**

*President*

**Catherine McCallum**

*Executive Director*

# Our Volunteers

Our volunteers give their time, energy and spirit. They have touched and enriched lives. They are the driver who gives the member the opportunity to be out and into the community. They are the Storm Buddies who call before the storm arrives and ensure the member is prepared and safe. They are the friendly visitor who brightens the day of a person who can no longer get out and about. They are the person who cleans a yard or moves a trash can. They are the tech support for a Member who wants to connect with the digital age. They are the threads that create the tapestry of a caring village. -Peggy Mercorella, Volunteer Services Committee Co-Chair

Rhoda Abrams  
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Jan Augustine  
John D. Barnes  
Joan Barron  
Nancy Benner  
Jeffery Berger  
Kathleen Beshu  
Judy Campbell Bird  
Karen Bokot  
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Karen Stewart  
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Julie Trocchio  
Loraine Vitellozzi  
Cathy Wolf  
Kathryn Zimmerman

# Our Events

In addition to our daily services to Members, Chevy Chase At Home's special events were highlighted by the **Geraldine Brooks and Guy Raz Conversation**, discussing Ms. Brooks' latest book, "**The Secret Chord**" in June, and political analyst Charlie Cook's discussion, "**What Just Happened?**" an analysis of the Presidential election, in November. Both were well-attended by our Members, volunteers and many interested residents of the community at large.

In April, CC@ H was honored to participate in the unveiling of the Naomi Kaminsky plaques, installed on five benches in the Town of Chevy Chase. The plaques memorialize Naomi as the co-founder of Chevy Chase At Home.

We are grateful to the presenters, performers, group leaders, community partners, instructors Irene Koegel, Sharon Gelboin-Katz, and Betty O'Connor and the Social Networking and Program Committee who made the following activities possible.

## Other Special Events

Member Celebration and  
Lunches at the *La Ferme Restaurant*  
Volunteer Appreciation Celebration

## Meet & Mingle

Fire Prevention and Safety in the Home  
A Wider Circle's Neighbor to  
Neighbor Program  
Heirloom of the Artist  
Rethinking Whistler's Peacock Room  
From Gutenberg to Twitter:  
My 45 years at the Library of Congress  
Pizza Party  
Is the MELT Method for You?  
Come to the Movies-"Brooklyn"  
& "An American in Paris"  
Alive Inside - Music and Memory  
Improving Your Balance  
Holiday Party & Cookie Exchange  
An Interlude with Gershwin

## Affinity Groups

Brunch Bunch  
Walking Club  
Knitting Circle  
Jewelry Making

## Classes

Intermediate iPad  
Gentle Seated Pilates  
Zumba® Gold

## Community Partner Events

Home Safety visits (MCFRS Senior Safety  
& Chevy Chase Village Police)  
Montgomery County Village  
Gathering (MC Village Coordinator)  
Guitar Master Class  
(The International Conservatory of Music)



*Monthly get-togethers at  
Brunch Bunch at the Olympia Café*

# Our Committees

CC@ H committee volunteers are the backbone of CC@ H and without their time and talent nothing would have been accomplished in 2016.

## **VOLUNTEER SERVICES COMMITTEE**

### **Co-Chairmen:**

Monique Milhollin  
Peggy Mercorella

### **Members:**

Nancy Benner  
Peter Gray  
Bill Gilbert  
Susan Hamburger  
Lanny Johnson  
Florence Lourie  
Peggy Mercorella  
Margery Passett  
Janet Regan  
Karen Spangler

## **SOCIAL NETWORKING AND PROGRAM COMMITTEE**

### **Chairman:**

Betty O'Connor

### **Members:**

Rhoda Abrams  
Elizabeth Cullen  
Sandie Deighton  
Sandy Geller  
Linda Graham  
Irene Hoskins  
Ann Joseph  
Linda Kaplan  
Marlyse Kennedy  
Kathleen McGuinness  
Fran Pitlick  
Marion Robertson  
Molly Ruhl  
Pat Schleifer  
Barbara Scupi  
Millie Shott  
Evelyn Welebir

## **MEMBERSHIP COMMITTEE**

### **Chairman:**

Steve Schmal

### **Members:**

Karen Bokat  
Gaby Gandal  
Sydney Hoffman  
Irving Kaminsky  
Jean Kapp  
Judith Silber

## **COMMUNITY SERVICE PROVIDERS COMMITTEE**

### **Chairman:**

Lanny Johnson

### **Members:**

Barbara Coleman  
Elaine Collins  
Tom Collins  
Gail Feldman

## **COMMUNICATIONS COMMITTEE**

### **Co-Chairmen:**

Caroline Michaelis  
Fran Pitlick

### **Members:**

Jan Augustine  
John Barnes  
Joan Barron  
Nathalie Bramson  
Elaine Collins  
David Duberman  
Laura Fenves  
Joan Urban

## **DEVELOPMENT COMMITTEE**

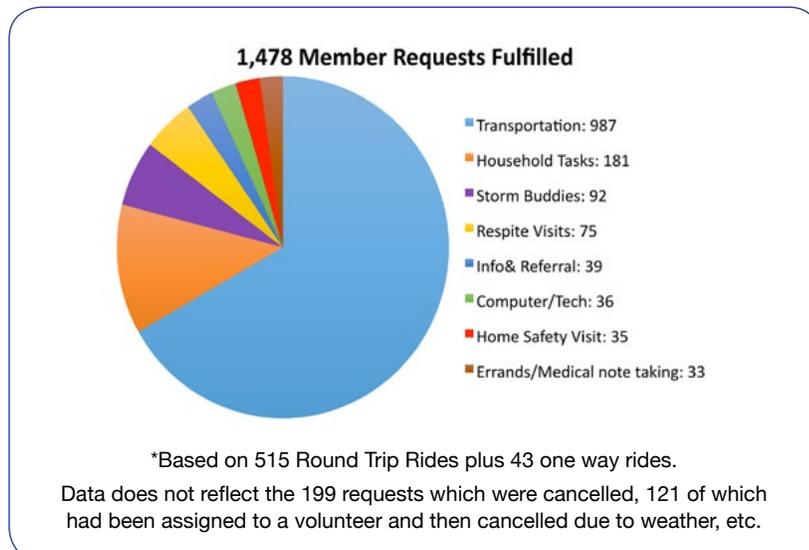
### **Acting Chairman:**

Nathan Billig

# Statistics

## CHEVY CHASE AT HOME BY THE NUMBERS 2016

- 1,478** Member requests fulfilled by volunteers which included rides to appointments, tech support, respite visits, help with household tasks, and more. This also reflects direct service referrals to our Neighbor Recommended List of home maintenance providers and our Home Care Provider List. (See pie chart, below.)
- 946** attended our 28 social and educational events throughout the year.
- 267** Members, Associates and Friends of CC@ H from 170 households who joined by December 2016.
- 102** times our Gentle Seated Pilates and Zumba Gold® exercise classes met.
- 84** times our affinity groups met. The groups included knitting circles, the weekly walking club and jewelry making classes.
- 50** households, including 15 non-member households, received an in-home safety visit.
- 71** service volunteers gave over 1229 hours of direct service to our Members requesting assistance.
- 25** new volunteers completed our volunteer training and 9 seasoned volunteers completed Medical Note-taking training.
- 8** observers from 6 area aging in place villages participated in our volunteer training programs.





From top left hand corner going across the page: Geraldine Brooks/Guy Raz Event, What Just Happened?, with Charlie Cook at the podium, Scouts/Venturing Crew shoveling snow, 2016 Board Members, Pizza Party, Volunteer Reception at the Regans, Holiday Sing-along, Naomi Kaminsky Memorial Bench Dedication, Zumba® Gold class, SNPC enjoying lunch at Chad's and Brunch Bunch at the Olympia Cafe.

# Financials

## FINANCIAL REPORT 2016

<b>Income</b>	
Membership Dues	40,775
Donations <sup>1</sup>	55,972
Fund-raising Event	3,100
Fees for Classes	12,328
<b>Total</b>	<b>112,175</b>
<b>Expenses</b>	
Personnel <sup>2</sup>	77,703
Administrative Expenses (insurance, etc.)	6,730
Executive Office (parking, supplies, etc.)	3,406
Programs and Member Services	2,779
Instructor Fees	7,790
Printing	2,122
Postal	1,341
Legal	100
<b>Total</b>	<b>101,972</b>
<b>In-Kind Services &amp; Donations</b>	
Office Space <sup>3</sup>	50,000
Legal	5,000
Accounting Services	4,500
Printing & Design Services	2,000
Office Supplies, Refreshments, etc.	1,074
<b>Total</b>	<b>62,824</b>

Note 1: This includes the donation portion of Associates & Friends of CC@ H fees.

Note 2: Our part-time Executive Director and part-time Office Coordinator work alongside the volunteer corps to keep every aspect of CC@ H moving, from volunteer coordination for Member services and programs to day-to-day administration.

Note 3: Estimated value based on commercial rental property rate in downtown Bethesda.

## Thanks to these individual donors for supporting our organization:

### For their exceptional generosity, we give special thanks to:

Anonymous (2)  
Nathan Billig & Gail Weinmann  
Stephen & Karen Bokat  
Marla & Gary Crockett  
The Hon. Diana Dougan, *In memory of The Hon. Elaine Staggers Lady*  
Catherine & David Dunn  
Jane & Bernard Finn, *In memory of Charlotte Jarvis Brewer*  
Joe Guerra & Pat Burda  
Susan Hamburger  
Sydney Hoffmann & David Krakoff  
Richard Krajeck & Anita DiFanis  
Bob & Ellen Leibenluft, *In honor of Nate Billig*  
Caroline Michaelis, *In memory of Michael Michaelis*  
Russell & Helen Morgan  
Janet & Patrick Regan  
Ira & Marcia Wagner

Anonymous (6)  
Rhoda Abrams  
Charlotte & Ettore Appella  
Dr. Bryan Arling  
Jan Augustine  
J. J. Bailey  
Rhonda Baines  
Naomi Balto  
Caroline Barnett  
Deborah Barr  
Matthew Bart & Joanna Persio  
David & Sandra Berler  
Alan & Joan Berman  
William Bishop  
*In gratitude to provision of volunteer manual to village in La Grange, TX*  
Susan Blacklow  
*In memory of William Blacklow*  
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Anne De Fontnouvelle  
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David Duberman  
*In memory of Inger Duberman*  
Bernice Duvall  
Susan Duvall  
Mary & Robert Eccles  
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Richard Efron  
Gilbert & Rona Eisner  
Jean T. Federico  
Pam & Rich Feinstein  
Gail & Roger Feldman

## Individual Donors

*Thank you for supporting our organization:*

Norma & Steve Fenves

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Gaby Gandal

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Katherine Gilbert

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*In memory of Naomi Kaminsky*

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Lori & Stephen Goodman

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Mary Gorman

*In memory of Jane Bender*

Grafton Street Lemonade Stand

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Brenna & Al Hirsch

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Elizabeth Johnson

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*In honor of Ann Joseph's Birthday*

Jorie Jurgens

Ruth Karron & Tom Nutman

Diane Kartalia & Theodore Hoppock

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Robert & Catherine Kaylor

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Mary-Louise Kennedy

Lynn Kinch

Catherine Klion & Thomas Plotz

Soching Tsai Kornbluth

*In memory of Charlotte Brewer*

Angela Lancaster & Chuck Muckenfuss

Roberta & Charles Larson

*In memory of Naomi Kaminsky*

Bennett Lavenstein

Ann Lee

Elihu Leifer

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## Individual Donors

*Thank you for supporting our organization:*

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*In memory of Naomi Kaminsky*

Janet Studley

The Sutherland Family

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Catherine & Edward Vale

John & Mary Jo Vrem-Ydstie

Village of Kentlands

Alice Wallerstein

*In honor of Deb and Steve Schmal  
and Peter Gray*

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Jerry Weir & Karen Elkins

Marion Werner

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James & Cornelia Worsley

Linda Worthington

Chris & Holly Wright

Patricia Xeller

Anne C. Zehner

Deborah Zwicker

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Susan Hamburger

Ann Joseph

Mary-Louise Kennedy

Catherine McCallum

Caroline Michaelis

Paula Miller

Peter Montague

Mary Otero

Margery & Barry Passett

Fran Pitlick & Jerry Bernstein

Jeffrey Richter

Molly Ruhl

Deb & Steve Schmal

Karen Spangler

Jim Splain

Evelyn Welebir

Holly Worthington

### **In recognition of Jim Resnick, CC@H**

*received several donations in support of our Home Safety Program, and in recognition of Jim Resnick. Through this program, done in partnership with Montgomery County Fire and Rescue Service (MCFRS), any older adult in the area can request to have a home inspection with a fire-fighter and one of our volunteers, concerning updating smoke and carbon monoxide alarms and general home safety issues.*



*Jim Resnick, MCFRS Senior Safety Program Manager.*

# Community Supporters

*Thank you for supporting our organization:*

## PROFESSIONAL SERVICES

Scott C. Boyd, CPA, CVA  
Ginsberg Helfer & Boyd, PLLC  
www.ghcpa.net

Christopher J. Regan, JD  
Regan Zambri Long, PLLC  
www.rhllaw.com

## OFFICE, MEETING AND EVENT SPACE

Chevy Chase Village  
Town of Chevy Chase  
Bethesda-Chevy Chase Regional Services Center  
Chevy Chase United Methodist Church



## IN-KIND SERVICES AND DONATIONS FOR PROGRAMS AND EVENTS

Montgomery County Fire and Rescue Service, Senior Safety Program  
La Ferme Restaurant  
BSA Troop 255 and GSA Troop 2835



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### The Columbia Foundation

For their generous grant

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*Home Care*

www.assistinghands.com/potomac  
301.363.2580

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Susan Hamburger, *Vice-President*  
Steve Schmal, *Secretary*  
Jan Augustine, *Treasurer*

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Lois Fern  
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Sydney Hoffman  
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Mark Nadel  
Janet Regan  
Catherine McCallum, *Ex Officio (Executive Director)*  
Fran Pitlick, *Ex Officio (Special Adviser)*

### Office:

Deb Schmal, *Office Coordinator through November 2016*  
Laura Fenves, *Office Coordinator*  
Victor Mardon, *B-CC Student Intern*

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